

ROCKBLADES®

CERTIFIED



Instrument Assisted Soft Tissue Mobilization (IASTM) is a treatment which enables clinicians to efficiently locate and treat individuals diagnosed with soft tissue dysfunction. The purpose of which is to break down scar tissue and adhesions that are causing multi-layered soft tissue restriction and adversely affecting the dynamic function of the underlying muscles, tendons, fascia and ligaments. IASTM is performed with ergonomically designed instruments that detect and treat fascial restrictions, encourage rapid localization and effectively treat areas exhibiting soft tissue fibrosis, chronic inflammation, or degeneration.

What RockBlades can treat:

- Carpal Tunnel Syndrome
- Cervical Pain
- Fibromyalgia
- IT Band Syndrome
- Tendonitis
- Lower Back Pain
- Joint Sprain
- Plantar Fasciitis
- Post-Fracture Pain
- De Quervain's Syndrome
- Cesarean Scarring
- Post Mastectomy
- Tennis Elbow
- Runner's Knee
- Painful Scars
- Shin Splints
- Golfer's Elbow
- And many more...